

A STUDY OF EMOTIONAL INTELLIGENCE OF COLLEGE TEACHERS

Dr. K. Premkumar

Research Scholar, Vijetha College of Education, Singarayakonda, Prakasam Andhra Pradesh, India

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ABSTRACT

The role of teachers becomes more important as they facilitate the psychological growth of the students too. There is a possibility that instructors can identify their own emotional state as well as the emotional state of their scholars, thus generating a deeper understanding of why they and their students tend to behave in a particular manner. On the other hand, lack of awareness about the emotional state of self or others can give rise to problematic interpretation of the behaviour as well as adoption of inappropriate approaches to handle them. Emotional intelligence is seen taking on a central position in generating the good performance among teachers in schools, colleges and universities (Jennings & Greenberg, 2009). In order to become effective teachers, they must consider their teaching competence beyond the intellectual competence, professional skills and academic qualification. The implications of level of emotional competence of the teachers can be manifested in the form of performance of students (Brackett & Katulak, 2006). In addition to this, emotionally intelligent teachers are also able to recognize how their words and actions can have an impact on the behaviour and feelings of their students. The performance of teachers can be measured in terms of the capability of the students to understand the content covered in classroom and be able to perform well in test or exam. The level of cognitive development achieved by students was endorsed by friendly classroom environment that has been maintained by the teachers. An effective teacher can play a dynamic role in the uplift of the standard of education in meeting the actual demands of the society.

KEYWORDS: *particular manner, , colleges and universities, deeper understanding*